How to do a Mental Well-being Impact Assessment

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Presentation Outline

- What is a Mental Well-being Impact Assessment (MWIA)?
- Define ‘Mental Well-being’
- MWIA Process
- Resources
- Questions or Comments
What is a Mental Well-being Impact Assessment (MWIA)?

- A specific type of Health Impact Assessment (HIA)
- Most projects, programs & policies have implications for mental health.
- AIM: maximize positive & minimize negative impacts on mental health of proposed ________
- Focus on populations experiencing health inequities & social injustices
“There is no health without mental health. Mental health is central to the human, social and economic capital of nations and should therefore be considered as an integral and essential part of other public policy areas such as human rights, social care, education and employment.”

(WHO, 2005)
MWIA: Dynamic Model of Mental Well-being

The four protective factors are influenced by population characteristics, wider determinants and the core economy. All of which are influenced by levels equity and social justice.
THE PROCESS:
Mental Wellbeing Impact Assessment

1. Screening
2. Scoping
3. Appraisal
4. Indicators
5. Formulating

(Figure 1, MWIA Collaborative, 2011, p 11)
THE PROCESS:
Mental Wellbeing Impact Assessment

1. Screening

(Figure 1, MWIA Collaborative, 2011, p 11)
MWIA Desktop Screening Toolkit: The Steps

1. Outlining the context
2. Identifying your motivation
3. Identifying if you have influence to make changes to the proposal
4. Identifying the proposal’s impacts by moving through the many levels of factors which influence mental health
5. Judgment for whether or not to proceed.

(MWIA Collaborative, 2011, p 52 - 61)
THE PROCESS: Mental Wellbeing Impact Assessment

2. Scoping

(Figure 1, MWIA Collaborative, 2011, p 11)
THE PROCESS:
Mental Wellbeing Impact Assessment

3. Appraisal

(Figure 1, MWIA Collaborative, 2011, p 11)
MWIA: Types of Evidence

(Figure 4.2, MWIA Collaborative, 2011, p 70)
MWIA: Stakeholders

- Importance aspect of MWIA process
- Examples:
  - The lead of the proposal
  - Someone with knowledge of the demography of the affected community
  - Someone involved with delivering the proposal
  - Someone with views & experiences from the affected community
  - Relevant experts & health professionals
  - Key decision makers
THE PROCESS: Mental Wellbeing Impact Assessment

4. Indicators

(Figure 1, MWIA Collaborative, 2011, p 11)
THE PROCESS:
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5. Formulating

(Figure 1, MWIA Collaborative, 2011, p 11)
**MWIA: Useful Resources**

- **Full Toolkit:**

- Examples of MWIA reports available at: [www.hiagateway.org.uk](http://www.hiagateway.org.uk)


- Canadian Context:
MWIA: My Resources


• Questions or Comments?